

# ALA HENRI® PRODUCT SPEC SHEET

## #248

### 4-8oz. - 2lb. Retail Sleeve - Pennsylvania Dutch Stuffed Chicken Breast

#### PRODUCT DETAILS

**CASE PACK: 6**  
**CASE NET WEIGHT: 12 lb**  
**GROSS WEIGHT: 13.5 lb**  
**LENGTH: 14 in**  
**WIDTH: 9.5 in**  
**HEIGHT: 7.5 in**  
**PALLET QTY: 96**  
**TI/HI: 12/8**  
**CUBE: 0.58**  
**UPC: 8-14287-01248-5**  
**PORTIONS / SLEEVE: 4-8oz**  
**SHELF LIFE: 365 Days/Frozen**

#### INGREDIENTS

BONELESS BREAST OF CHICKEN WITH RIB MEAT. STUFFED WITH: BREAD CUBES (ENRICHED FLOUR ( WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, YEAST, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, SALT, CALCIUM PROPIONATE (PRESERVE), DOUGH CONDITIONERS (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: ETHOXYLATED MONO AND DIGLYCERIDES CALCIUM PEROXIDE, ASCORBIC ACID, AZODICARBONAMIDE, ENZYMES), DISTILLED VINEGAR, YEAST NUTRIENTS (MONO-CALCIUM PHOSPHATE, CALCIUM SULFATE, AMMONIUM SULFATE), SUGAR, CORN STARCH, SOY LECITHIN, SOY FLOUR), CHICKEN BROTH, CELERY, ONIONS, MARGARINE (SOYBEAN OIL, PALM OIL AND PALM KERNEL OIL, WATER, SALT, MONO & DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE (PRESERVATIVE), ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE, VITAMIN A PALMITATE, EGG PRODUCT (WHOLE EGGS, CITRIC ACID), SALT, SEASONING (SPICES (INCLUDING MUSTARD), GARLIC POWDER), PARSLEY.

CONTAINS WHEAT, SOY AND EGGS

#### NUTRITION FACTS

Serving Size: 1 Piece (227g)  
 Servings Per Container: 4

Amount Per Serving	
<b>Calories 320</b>	Calories from Fat 110
% Daily Value*	
<b>Total Fat 12g</b>	18%
Saturated Fat 4g	20%
Trans Fat 0g	0%
<b>Cholesterol 100mg</b>	33%
<b>Sodium 670mg</b>	28%
<b>Total Carbohydrate 20g</b>	7%
<b>Dietary Fiber 1g</b>	4%
<b>Sugars 2g</b>	
<b>Protein 32g</b>	
Vitamin A 4% *	Vitamin C 2%
Calcium 6%	Iron 8%
Not a significant source of trans fat, dietary fiber, sugars, and Vitamin C	
*Percent Daily Values are based on a 2,000 calorie diet.	

**COOKING INSTRUCTIONS:** REMOVE CHICKEN FROM BOX. PLACE ON BAKING SHEET, BASTE WITH BUTTER OR MARGARINE AND BAKE IN PRE-HEATED OVEN AT 375 DEGREES F. CONVECTION OVEN FOR 35-40 MIN. CONVENTIONAL OVEN FOR 45-50 MIN. APPLIANCES MAY VARY, ADJUST ACCORDINGLY, AND COOK UNTIL DONE. UNCOOKED: FOR SAFETY, PRODUCT MUST BE COOKED TO INTERNAL TEMPERATURE OF 165 DEGREES F.

